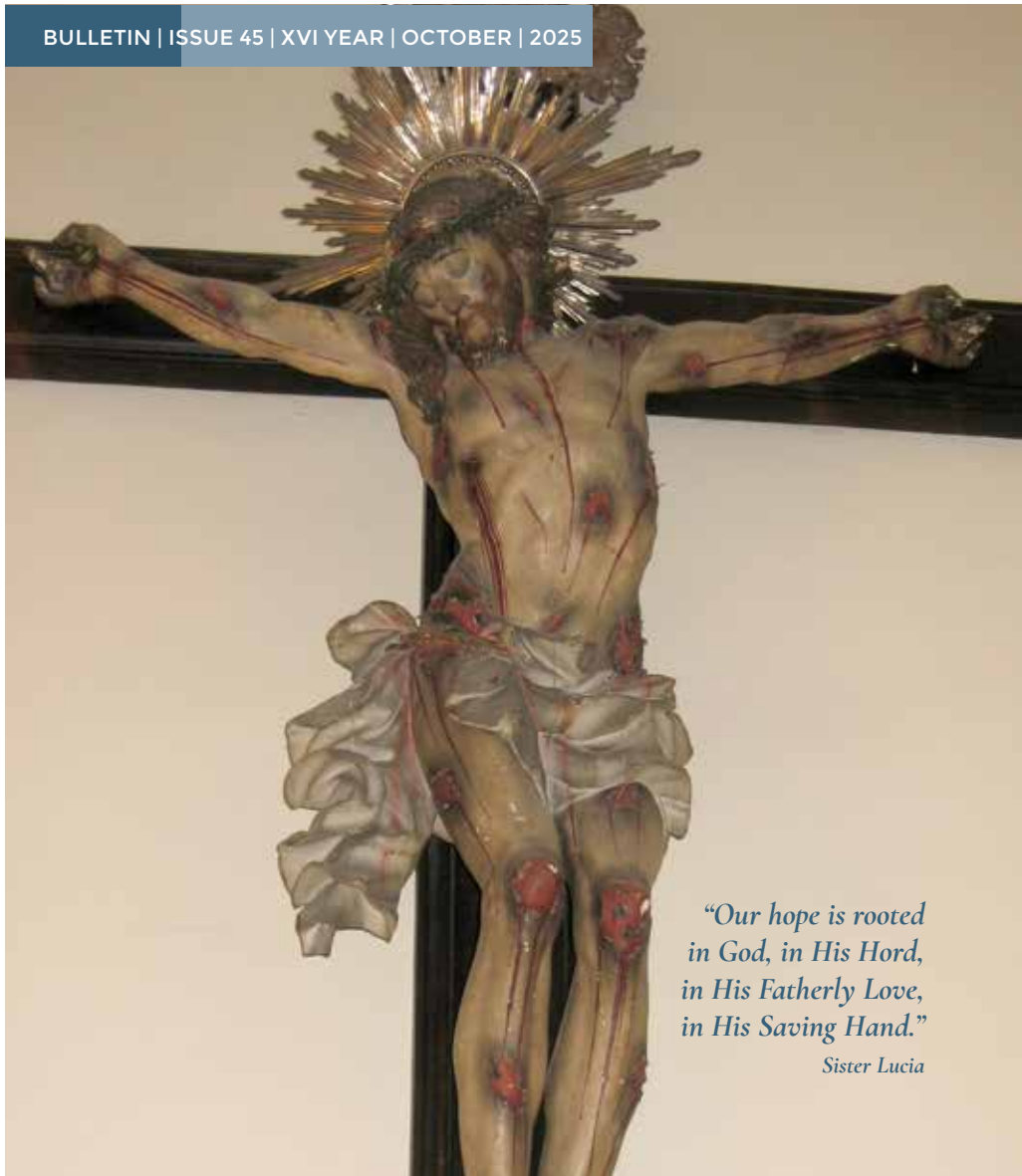


BULLETIN OF THE VENERABLE MARIA DE LÚCIA OF JESUS AND THE IMMACULATE HEART



BULLETIN | ISSUE 45 | XVI YEAR | OCTOBER | 2025



*“Our hope is rooted
in God, in His Word,
in His Fatherly Love,
in His Saving Hand.”*

Sister Lucia

SISTER LUCIA, PILGRIM OF HOPE



But hope, says God, that is something that surprises me. [...]

That these poor children see how things are going and believe that tomorrow things will go better. [...]

That is surprising and it is by far the greatest marvel of our grace.

And I am surprised by it myself.¹

Charles Péguy

1. Charles Péguy, «Le porche du mystère de la deuxième vertu», em *Oeuvres poétiques complètes*, (Gallimard, 1957), 532.

Life makes us hope that tomorrow will be woven from the threads we have today and the way we intertwine them. In the succession of days, the present is like a product that combines our choices with the constant challenges of the world. But how can we *believe that tomorrow will be better* when today seems to offer nothing that projects us beyond ourselves? This same question seemed to echo in 1917, when the world was, for the first time, enveloped in the darkness of war and humanity was united by suffering, with no signs of hope.

In the small village of Fatima, three children received a message that seemed to transcend this reality. They experienced that, by themselves, they could not bring about change, but they realised that God could multiply the good they had done and the love they had given, and in this way bring about something new. Such is the mystery of Christ's Easter, a living and present reality, capable of crossing the boundaries of time and place, which Lucia contemplated through the Lady brighter than the sun, between rays of glory and the cross².

The paschal character of the visions of Fatima is revealed by the light and beauty of Our Lady and the joy she inspired, in which the Virgin Mary allows herself «to be seen and heard from the glory of the Risen One, to which she has ascended in body and soul»³. At Cova da Iria, Lucia contemplates the Virgin *assumed into Heaven*, that mystery of

2. Cf. Lúcia de Jesus, *Memórias da Irmã Lúcia*, 13.a ed., vol. 1 (Secretariado dos Pastoralinhos, 2007), 173.

3. Eloy Bueno de la Fuente, *A mensagem de Fátima. A misericórdia de Deus: o triunfo do amor nos dramas da história*, 1.a ed., (Santuário de Fátima, 2013), 152.

hope which anticipates the final glory that God wishes to offer his children. She receives and keeps this *message of hope*, but above all she contemplates the very hope of humanity in Mary, the first to participate in the mystery of her Son's Resurrection. Lucia saw the heavens open and became a witness that «the sufferings of the present time are not worth comparing with the glory that is to be revealed in us» (Rom 8:18). In this vision, she begins to understand human life in the horizon of hope, manifested in the gift that is desire and promise:

«Where are you from? – I asked Her.

- I am from Heaven. [...]

- Shall I go to Heaven too?

- Yes, you will»⁴.

This promise from Heaven is an expression of the universality of salvation that God offers to all, a gift that does not nullify but rather stimulates personal responsibility, as she will later say: «The intimate joy I felt was indescribable, but I did not consider myself exempt from the obligation we all have to be faithful to God»⁵.

Lucia is also a witness of hope, because she was able to see it in the *Way of the Cross of the pilgrim Church* towards the cross. In the apparent meaninglessness of suffering, there is nothing that points to a better reality, but in the Cross of Christ, Lucia sees human drama being overcome and suffering being transformed into grace in favour of her brothers and sisters: «Under the two arms of the Cross were two Angels, each with a crystal watering can in their hands, in which they collected the blood of the martyrs and with it watered the souls who approached God»⁶.



Photography:
@Carmelo de Coimbra

This is the true secret of history, revealed to the little ones who see it.

Going on pilgrimage to Cova da Iria every 13th, Lucia was the pioneer of a movement that would spread to the four corners of the Earth. She walks as a *Pilgrim of Hope*, towards an encounter where Heaven and Earth embrace, and on the way, she does not fail to collect the «sorrows of poor humanity»⁷, which she foresees transfigured in the light of God.

From her daily life as a Carmelite, Lucia of Jesus was heroic in her hope, because having contemplated it as a girl, she learned to shape her life to that gift. Her hope translated into peace and joy in the face of difficulties, into the ability to welcome suffering as a possibility for new life, and into a desire for the eternal, without ever alienating herself from the present time. She echoes the same amazement as Charles Péguy: «*That these poor children see how things are going and believe that tomorrow things will go better. [...] And I am surprised by it myself*»⁸.

Sr. Ângela De Fátima Coelho, Asm
Vice-postulator of the cause of Sister Lucia

4. Lúcia de Jesus, *Memórias da Irmã Lúcia*, 13.a ed., vol. 1 (Secretariado dos Pastorcinhos, 2007), 173.

5. Lúcia de Jesus, *Como vejo a Mensagem através dos tempos e dos acontecimentos*, 2.a ed. (Carmelo de Coimbra - Secretariado dos Pastorcinhos, 2007), 31.

6. Lúcia de Jesus, *Memórias da Irmã Lúcia*, vol. 1, 213.

7. Lúcia de Jesus, *Memórias da Irmã Lúcia*, vol. 1, 179.

8. Péguy, «Le porche du mystère», 532.

CALL FOR HOPE

All our hope must be placed in the Lord, because He is the one true God who created us with eternal love and redeemed us by sending his own Son, Jesus Christ, true God and true Man, who suffered and died for our salvation.

It is this that the Gospel of St John tells us (...) [cf. Jn 3:10-19]. This Sacred Text spells out for us the basis of our hope: «*So must the Son of man be lifted up, that whoever believes in him may have eternal life*». If the Israelites who had been mortally wounded were healed by looking at the serpent which Moses had nailed to the post, how much more we, if we can contrive, with Faith and confidence, to lift our eyes and lift our eyes and gaze on Christ raised up on the wood of the Cross; if we can unite our own daily cross with his, our work, our toil, the things that go wrong, our pains and anxieties, with deep repentance for our sins and a firm resolution not to commit them again, our confidence will be rewarded as Christ promised: «*All who believe in Him will have eternal life*».

In order to show you how great must be our confidence in Christ, let me remind you of the time that the Apostles were crossing the lake after the miracle of the multiplication of the loaves. Jesus had told his disciples to get into a boat and cross to the other side of the lake opposite Bethsaida, while He dismissed the crowd (...) [cf. Mk 6:46-56]. This episode in the life of Jesus Christ teaches us the kind of confidence we must have, both by the behaviour of the apostles battling with the waves of the lake, and by the attitude of the people of Genesaret who brought their sick to Jesus to be healed. The Evangelist tells us that all those who touched even the fringe of his garment were made well, because they touched him with faith and confidence. This is the condition that must be fulfilled if we are to obtain grace: we must approach Christ with faith, trusting in his goodness and his love.



Photography:
©Carmelo de Coimbra/Branca Paül

What Jesus said then, to his apostles applies to us today as well: «*Take heart; it is I; have no fear*». In the midst of the storms of life, it can sometimes seem to us – as it seemed to the apostles – that everything is a nightmare, making us afraid. Nonetheless, if we know how to raise our eyes to Christ, we shall see Him close to us, and we shall have the happiness of hearing the harmonious sound of his voice deep within our heart reassuring us: «*It is I, have no fear*».

But if we are to hear this voice and understand it, our spirit must not be «*hardened*», as the Evangelist tells us that the hearts of the apostles were hardened, which is why they did not understand the words of Jesus. Hence, our spirits must be free from excessive attachment to the things of earth, to the vanities which cause us to turn aside to the ways of frivolity, the extremes of fashion which give bad example and scandalize others, inciting them to sin. If, however, we follow our evil inclinations, coveting things that do not belong to us nor can legitimately do so, indulging in envy, jealousy and temptations to revenge against justice and charity, and so forth, then things will make us blind and deaf to such an extent that we will neither see nor hear, nor will we be able to understand the words of Jesus Christ, and in this way our faith and confidence will be eroded.

In the course Jesus' farewell discourse during the Last Supper, the Apostle St John records for us a number of passages which inspire in us the same confidence. The Master had just finished washing the feet of the Apostles, after

which He sat down again at the table and explained the meaning of what He had just done, urging them to humility and the charity. He then foretold the betrayal of Judas and when the latter had gone out to accomplish his perfidious purposes Jesus said to his disciples: «*Let not your hearts be troubled; believe in God believe also in me. In my Father's house, there are many rooms; if it were not so, would I have told you (...) that where I am you may be also*» (Jn 14: 1-3).

He then went onto speak very intimately with His Apostles about his forthcoming death, saying to them: «*The hour is coming, indeed it has come, when you will be scattered, every man to his home, and will leave me alone; yet I am not alone, for the Father is with me. I have said this to you, that in me you may have peace. In the world you have tribulations; but be confident! I have overcome the world*» (Jn 6: 32-33).

Here Jesus assures us that there is a place in Heaven for us if we choose to follow his way, the way that he has mapped out for us by his word and by his example, the Way which is He Himself; «*I am the way, and the truth and the life; no one comes to the Father, but by Me. (...) (Because) He who has seen me has seen the Father*» (Jn 14: 6,9). Therefore, our way is Christ. He is our way by his word, by his teaching and by his life. We must therefore identify ourselves with Christ in order to reproduce in ourselves the life of Christ and see Christ in the Father, as He has told us: «*I and the Father are One*» (Jn 10: 30)

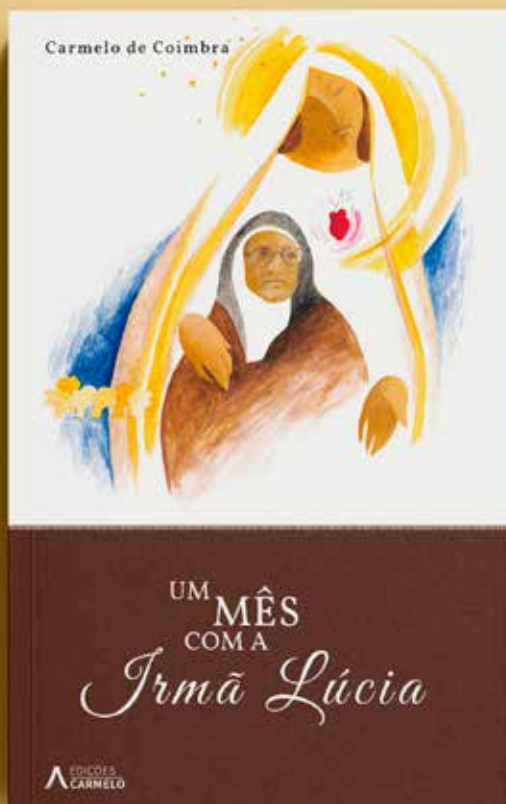
In this identification of our life with the life of Christ, victim of expiation for our sins, that provides the basis for our confidence and in which it grows strong. For we know that it is through our union with Christ and through His merits that we shall be saved; also, that we shall become pleasing to the Father to the extent to which we reproduce in ourselves the sentiments of His Son, Jesus Christ, so that the Father sees in us the Face of His Word. This is the way that we must follow if we are to reach the place that Jesus has prepared in Heaven for us.

The great sentiments of Jesus, which we are called upon to imitate, include his total dependence on the Father and His utter submission to the Father's will, so much so that He could assure us that His own word was the word of His Father «*For I have not spoken on my own authority; the Father who sent me has himself given me commandment what to say and what to speak. And I know that his commandment is eternal life. What I say therefore, I say as the Father has bidden me*» (Jn 12: 49-50). Begotten eternally of the Father, the Word received everything from Him. Rightly, then can He assure us that everything he has said to us was said to Him by His Father, and that everything He has communicated to us has come from the Father.

All we have to do is to follow this Word of Life with faith; to follow it with faith, and also with the simplicity of a child which, aware of its own helplessness, abandons itself in the arms of its Father, where it rests and sleeps securely, because it knows that its Father will carry it safely, protect it and lay it down to rest; and if it should happen to offend its Father by disobeying one of his commands, it knows its Father's Heart and trusts in His love, and so runs to meet Him, confessing its fault, confident of His forgiveness, and with the same confidence as before, throws itself into his arms. In God's eyes, we are all children. He is the Father of the great human family: He rocks us all in the cradle of His Providence and leads us all in the ways of love. Let us not wander from this way, nor tear ourselves away from His Fatherly arms! Then our hope will remain rooted in God, in His Word, in His Fatherly love, in His saving Hand. Like children in their father's arms, confident of his infinite mercy, we shall know that our confidence will not be misplaced.

Sister Lucia¹

1. Irmã Lúcia, Terceiro apelo da Mensagem, *Apelos da Mensagem de Fátima*, 5.ª ed. (Carmelo de Coimbra - Secretariado dos Pastorinhos, 2017), 75-78.



NEWS

“One month with Sister Lucia”: An inner journey accessible to everyone

On 1 October, the liturgical memorial of Saint Teresa of the Child Jesus and the date marking the beginning of the month of the Rosary and the missionary month, the book “**A Month with Sister Lucia**” was made available to the public.

A few months after the publication of “**Living in the Light of God**”, this new publication by Carmelo de Coimbra now seeks to present, in a way that is accessible to all, new nuances of the life and spirituality of Lucia of Jesus.

NEWS

Intended above all to be a book of prayer and one that helps us to pray, over the course of 31 days we find Sister Lúcia as our companion on our daily journey, where, amid light and shadow, trials and joys, the life of holiness to which we are all called is woven together.

With prayer suggestions for three times of the day – morning, afternoon and evening – the texts offered, taken from her private diary and many of them unpublished, are based on very concrete situations experienced by Sister Lucia, which present her in all her humanity, in her condition as a woman of faith. We would say that it is a prayer book based on real life that aims to help each reader to pray their own life, because it is only from reality, from the truth of each person, that one can encounter Christ and, from there, establish that relationship of friendship which is all true prayer, according to the expression of St Teresa of Jesus.

As we progress through the “Month”, we find Sister Lucia to be a true teacher who teaches us to supernaturalise every event in our lives, to bring everything to God, from physical frailty to work to the political situation of the nation.

In this way, we aim to create, in our hectic days, small spaces of silence and listening that allow us to rediscover, again and again, that immense Light that is God.

This work, the first fruit of a collaboration between the Portuguese Province of the Order of Discalced Carmelites and the Carmel of Santa Teresa, is enriched with a collection of prayers by Friar João Costa, OCD, and illustrations by Avelino Leite that highlight the great features of the monastic life of this Carmelite religious, lived “on the outside like everyone else, inside like no other”, which her community is very pleased to make better known.

It was published by Edições Carmelo.



It is with great joy and gratitude that we announce to all devotees and friends of Sister Lucia that the second edition of the book **“Living in the Light of God. Spiritual Journey of Lucia de Jesus, Apostle of Fatima from Carmel”** will be published by Edições Carmelo.

The work is already available in Spanish and was edited by Grupo Fonte.

The Italian version of the work is also in progress, awaiting publication.

May these spiritual readings help an ever-increasing number of faithful to follow in the footsteps of that immense Light that is God, under the gaze of Mary and the intercession of Venerable Sister Lucia.

GRACES



I am writing to thank Our Lord for the grace granted through the intercession of Sister Lucia. I prayed to this saint that my daughter would pass almost all her exams, but to our joy she passed them all. I would like this grace through the intercession of Sister Lucia to be published.

Deolinda, Portugal

I wish to report a grace through the intercession of Sister Lucia: the miracle of the young Maria, who wants to become a nun, wholly consecrated to the Heart of Jesus, for His Love. It is a grace from God and for our parish!

Father Gustavo, Spain

I have been a missionary for sixteen years and a consecrated brother at the Shrine of Our Lady of the Mystical Rose for ten years. The Shrine has great devotion to Our Lady of the Rosary of Fatima. After Sister Lucia's death, we began to ask for her intercession with Our Lady, to pray the rosary, with the prayer cards of Sister Lucia that she had asked to be distributed among the faithful and the sick. On the second Sunday of each month, at the end of Mass, we pray and ask for Sister Lucia's intercession for the sick. I would like to share the grace of one of the ladies who prays with us, Ana. She came to me and asked for prayers because she had had tests and the doctors had detected a lump in her breast and wanted to operate. We prayed Sister Lucia's prayer, asking for her intercession. At the end of the prayer, Ana felt healed. She had more medical tests and a few days later she called to say that she was cured and that the doctors would not be operating on her. To the honour and glory of Jesus and Mary, Ana was healed through the intercession of Sister Lucia.

Brother Eduardo, Brazil

I am writing to share the graces obtained through the intercession of Sister Maria Lucia of Jesus and the Immaculate Heart. The first grace was related to my work and the second was the acceptance of my request for my husband to come and work with the family.

Maria Augusta, Portugal

I am writing to share and give thanks for a grace obtained through the intercession of Sister Lucia. I was in great distress when one morning I noticed a lump on my neck. As I usually talk about my worries with Sister Lucia, I picked up the book "The Rosary with Sister Lucia" again and, looking at her photo, I asked her to remember me to the Virgin Mary from Heaven, so that the tumour I saw would not be anything serious. I prayed the rosary and, a few days later, it was gone. I know and am certain that she prayed to the Immaculate Virgin for me. I give thanks to the Lord for his wonders! For giving us Sister Lucia!

Maria, France

I am writing to give thanks for the grace obtained through the intercession of Sister Lucia. My son had an accident at work and borrowed money from his sister. He was upset with her and told her he would not pay her back all the money. I asked Sister Lucia for help so that he would pay his sister back everything, and that is what happened. Thank you, Sister Lucia!

Madalena, Portugal

I want to thank Sister Lucia because my son had been unemployed for over two years and now, he has found a job. Thank you!

Cármen, Brazil



The reason for my letter is to bear witness and thank Sister Lucia for a grace that for me is a miracle, her intercession together with Our Lady. I have a sister who is a widow and imagine my anguish when someone called me and said they had a friend who was divorced and therefore could not marry. No matter how much I told her it wasn't possible, that she should break up with him, she wouldn't listen; she was completely blind. As I have always been very devoted to the Little Shepherds of Fatima, I turned to them and said: you, Francisco and Jacinta, don't need a miracle, but Lucia needs one, and it is a very big one. I began to pray her prayer every day with an Our Father. Time passed and grace did not come... but finally it did. It has been a few months now and everything is peaceful. Thank you, Mother, thank you, Lucia, thank you very much! I sent a small donation to the Cause.

Sister Margarita, Spain

I was born into a Catholic family, but after my brother's death, I distanced myself from God and the Church. I fell into a deep depression when, after several years of marriage, I became pregnant and lost the child I was expecting. During those years away from God, I had bad company and bad habits, drugs and alcohol. Ten years later, after my mother's death, my depression worsened. The doctors diagnosed me with chronic depression, and for several days I did not leave the house or even get out of bed.

But when I was collecting my mother's personal belongings, I found several rosaries and some souvenirs from Fatima, along with a postcard of Lucia's house with Francisco and Jacinta. One Sunday afternoon, I found some boxes of books; on the cover of one book was simply a smiling nun and the title "Memoirs of Sister Lucia". After reading her book, my life changed completely. I did some research on the internet on how to pray the rosary, because it was something I had never done before, and little by little I saw the peace it brought to my life. The most important thing was when I decided to return to the Church, to attend Holy Mass and to go to confession. In a church, I saw an announcement for a pilgrimage to Fatima, and so I made the pilgrimage. I began to go to Mass daily, to pray the rosary, and I received the Sacrament of Confirmation. I left my bad company, the medication I was taking, and even my appointments with the psychologist. Sometimes when I am sad, I find comfort in Adoration, the Eucharist and Prayer. When I arrived at Fatima for the third time on pilgrimage, I felt the need to write, to bear witness to Sister Lucia who, through her writings, interceded for the miracle of my conversion. I pray for her beatification. My devotion to the Blessed Virgin Mary grows day by day, to Jesus through Mary, her and my mother.

Maria, Spain

SISTER LUCIA MEMORIAL



To make Sister Lucia's life known, especially as a Carmelite, and to exhibit some of her objects, the Carmel of Santa Teresa in Coimbra has created an exhibition space, located next to the Carmelite monastery, where unique pieces of her personal use can be seen, among which the following stand out:

Her Carmelite cell.

Handicrafts made by her.

The itinerary of her life documented in photographs.

Objects used by her at the time of the apparitions.

Objects offered to her by various Popes.

The space also has a multimedia or conference room.

Opening hours:

10.00 a.m. – 12.00 noon

14.30 p.m. – 17.30 p.m.

Summer Hours (July and August):

Morning: 10:00 a.m. – 12:00 noon

Afternoon: 3:30 p.m. – 6:30 p.m.

Closed on Sundays and Holidays

Monday: only for groups with prior booking, in the morning (10:00 a.m. to 12:00 noon)

Entrance ticket:

€ 2 (above 6 years old)

Group bookings

Phone number:
(+351) 239 781 639

Email:
memoriallucialucia@carmelitas.pt

 **www.lucia.pt/memorial/**



NEWS

The book is available for purchase, directly at the Sister Lúcia Memorial or via the online shop.

Price: **€5**





PRAYER FOR THE BEATIFICATION OF SISTER LUCIA

Merciful Father, You instructed Sister Lucia to humbly follow the guidance of the Holy Spirit in obedience to your Holy Church. By obeying your Church, she was entrusted with the mission of reminding the world of the forgiveness offered to all through the Body and Blood of your Risen Son. Grant us the grace to learn from her example, to entrust ourselves to the Immaculate Heart of Mary, so that, transformed by the Spirit, our hearts may mirror that of Jesus. May our purified hearts turn towards You in adoration, becoming witnesses of your compassion and agents of the peace You offer to your children. Grant us, through the intercession of Sister Lucia, the grace we seek, and may your faithful servant be beatified for the glory of Your name and our benefit.

Pater, Ave, Gloria

With ecclesiastical approval.
We kindly ask you to communicate all the received graces to the Carmel of Coimbra

BIOGRAPHY

Lúcia Rosa dos Santos was born in Aljustrel, Parish of Fátima, on the 28th of March 1907. In the company of her two cousins, the Saints Francisco and Jacinta Marto, she was visited three times by an Angel (1916) and six by Our Lady (1917), who asked them to pray and do penance for the reparation and conversion of sinners. Her peculiar vocation consisted in spreading the devotion to the Immaculate Heart of Mary as the soul of the Message of Fátima.

She entered the Dorotheans, in Spain, where she had the experience of the apparitions in Tuy and Pontevedra: the apparitions of the Holy Trinity, Our Lady, and the Infant Jesus.

Yearning for a life of deeper retreat to better respond to the Message entrusted to her by the Lady, she entered the Carmel of Coimbra, in 1948, wherein she devoted herself more intensely to prayer and sacrifice. Our Lady came for her on the 13th of February 2005, and her body rests in the Basilica of Our Lady of the Rosary, in Fátima since the 19th of February 2006.

This Bulletin is distributed free of charge.

To those who wish to contribute to the expenses of the Cause for the Beatification of the Venerable Sister Lucia, please send your donation to the following address:

*Causa de Canonização Irmã Lúcia de Jesus
Carmelo de Santa Teresa,
Rua de Santa Teresa, n.º 52
3000-359 Coimbra - Portugal*

BANCO SANTANDER TOTTA

NIB 0018 2221 04749723020 39

IBAN PT50 0018 2221 04749723020 39

BIC TOTAPTPL

ATTENTION: If sending a check, it must be made to the order of *Fundação Irmã Lúcia de Jesus*

We give thanks for all the donations received.

In the Carmel of Coimbra, on the first Saturdays of each month as well as in every 13th, the Eucharist is offered for the intentions of those who trust themselves to the intercession of Sister Lucia.

CAUSE FOR THE BEATIFICATION
OF THE VENERABLE

LÚCIA

MARIA LÚCIA OF JESUS
AND THE IMMACULATE HEART

Property:

**Causa de Beatificação
da Irmã Lúcia
Carmelo de Santa Teresa
Coimbra - Portugal**

Website: www.lucia.pt
E-mail: causalucia@lucia.pt

Legal deposit: 356212/13
Impression: 15.000 copies

Design and layout:
Tratto - Design e Comunicação

At noon,
You descended upon us,
Your open chest, heavenly light!
Your Heart
Brings forgiveness
To the poor child who leads to God!

In you, Mary,
The sun smiled,
Beautiful star from the high heavens!
With harmony,
She gently said:
You have sweet refuge in my breast!

Tender alliance,
Firm hope,
Under your mantle, come and shelter
me;
You who are pure,
All tenderness,
Inside your breast I want to dwell.

My heart
In your hand,
O kind Mother, let it live;
Save your child
On the dark path.
Do not give him back to me if I ask
for him.

Sister Lucia
(*Um caminho sob o olhar de Maria*, p. 478)